

Area 43

Gwybodaeth, Hyfforddiant, Cefnogaeth a Chwmsela i Bobl Ifanc
Information, Training, Support & Counselling for Young People

Independent Counselling Service



- 0800 0385778
- 01239 614566
- area43.co.uk
- counselling@area43.co.uk
- 1 Pont Y Cleifion
Cardigan, Ceredigion SA43 1DW

AREA 43 COUNSELLING SERVICE

During the time that Carmarthenshire schools are closed, Area 43's schools counsellors will be offering counselling remotely, via Zoom, an online platform using text, audio or video link or over the phone.

To access counselling support, please complete the self-referral (for children/young people from year 5 and older in Carmarthenshire) and a counsellor will contact you directly.

<https://www.area43.co.uk/referrals/>

Area 43 can be contacted on 0800 0385778

GWASANAETH CWNSELA AREA 43

Yn ystod yr amser mae ysgolion Sir Gâr ar gau, bydd cwmselwyr ysgolion Area 43 yn cynnig cwmsela o bell, fesul Zoom, platfform ar-lein gan ddefnyddio dolen tecst, clywedol neu fideo neu dros y teleffon.

I gael mynediad i gefnogaeth cwmsela, a wnewch chi gwblhau dolen hunan-gyfeirio (ar gyfer plant/pobl ifanc blwyddyn 5 ac yn hŷn yn Sir Gâr) a bydd cwmselydd yn cysylltu gyda chi yn uniongyrchol.

<https://www.area43.co.uk/cy/cyfeirio/>

Gallwch cysylltu gyda Area 43 ar 0800 0385778

Yn Gweithio mewn Partneriaeth gyda
Working in Partnership with

Cyngor Sir
CEREDIGION
County Council



Cyngor Sir Gâr
Carmarthenshire
County Council

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